

#### Case study #1: research year

### **Academics**

 School: Richard Ivey School of Business, Western University

Program: HBAGPA: 3.60-3.79

• MCAT: 11(V), 11(P), 11(B), R(W)

### Extracurriculars

• Research: none

- Hospital volunteering x 2 months in 4th year of undergraduate studies
- Summer work experience at Royal Bank of Canada and University Health Network
- Writer for school business review

# Goals

- Medical school admission in Canada
- Previously applied to 5 schools in Ontario and 2 out of province schools, no interviews

## Diagnosis

 Adequate GPA, good MCAT, below-average extracurriculars. Somewhat non-traditional applicant with undergraduate business degree.

#### Plan

 Research year on graduation from HBA to increase extracurricular experiences.

# Approach

 This student only decided to pursue medicine late during her 3<sup>rd</sup> year of university. As she was in a business program and not on the traditional "pre-med" track, she had relatively weak extracurriculars. She approached us after receiving no interview offers in March of her 4<sup>th</sup> undergraduate year.

- After a diagnostic appointment, our consultants determined that she was unable to adequately convince the admissions committee about her newfound passion to pursue medicine.
- Both the student and her consultant agreed that a research year would be more advantageous than other options such as a 5<sup>th</sup> year spent taking courses or a Master's degree.
- Doing research full time during the summer after graduation allowed the student to pursue a health systems research project with an MD she had met during her time as a Business Analyst at the University Health Network. This resulted in a publication in a peer-reviewed journal. In addition, she spent time volunteering at the hospital and shadowing physicians
- She also volunteered on the Board of Directors with a community organization.
- MD Consultants provided intense assistance with personal statement preparation to tease out the answer to "Why medicine?"

 MD Consultants also provided assistance with referee selection to ensure a balance of MDs and non-MDs that could speak to various aspects of her application.

### Result

- She received interviews at 2/5 schools
- She underwent 4 hours of interview prep with our consultants. This amount was deemed to be adequate since this was an applicant with an excellent understanding of the interview process.
- Accepted at Queen's and Western.
- Attended Western.
- She continues to be mentored by MD Consultants during medical school and is currently preparing for the residency match with our consultants.